



Jessica Patterson, M.A., CAT (c), B.Sc. (Kin)

I completed my undergrad in Kinesiology at McMaster University in 2010 where my interest in athletic therapy sparked. I began working in the strength and conditioning realm, which quickly transformed into my passion for the field of sport rehabilitation. There, I worked with the McMaster Football and Wrestling teams. I moved to York University immediately after my undergrad to complete my Masters in Kinesiology and Health Science alongside my Athletic Therapy Certificate. At York, I worked with the Women's Soccer team in 2010/2011 and the Women's Hockey team in 2011/2012. I am currently in my final year of the

certificate program working as a student therapist at the University of Toronto Macintosh clinic. I currently work with the Men's Football and the Women's Volleyball teams at U of T. Once I become a certified Athletic Therapist I aspire to work at a university or college clinic and teach athletic therapy related courses, as well as one day operate my own sports injury clinic.